END OF YEAR 2021 REPORT. KOP REPORT

Macheo Children's Organization



Our mission

is to empower and protect vulnerable children and their communities so that they can lead a bright future.

Our Vision

is a society where children live happily in a safe, caring and stimulating environment.

Our Purpose

is to release restrained potential in children.

INTRODUCTION



It is with humility and thanksgiving that we reflect on the year that was, (2021), which was a busy year for Macheo. 2021 has seen Macheo make bigger strides towards achieving our set goals and ambitions for the work we do. Through different interventions, we have been able to fight poverty, hunger, inequalities as well as ensure children have access to a good education. Many businesses have been set up for the guardians and parents of the children we serve, many children suffering from malnutrition have received medical and nutritional attention, children can concentrate in school better because they are not hungry, families have had their livelihoods restored through improve-

ments of their living conditions as well as received financial aid when going through a crisis including teen mothers having their hopes restored. We are grateful to have achieved so many of our objectives, however, there is still so much more to be done. Kenya is currently facing a worsening drought situation due to the cumulative impacts of two consequent failed rainy seasons. Over a 1.4million people are facing food insecurity, and the number is expected to go up to 2 million by end of the year indicating that malnutrition levels have surpassed the emergency threshold. According to UNICEF, this year, 50% of child protection cases were related to neglect and 10% to child pregnancy, indicating increased vulnerability for children and adolescents due to COVID-19 and drought. Poverty levels are substantially higher, particularly among urban households, as pandemic control measures continue to hinder economic recovery. Constrained access to essential services in the context of COVID-19 continues, with 360,000 children, adolescents, and pregnant or breastfeeding women needing medical care and treatment. One in three workers in Kenya is facing high vulnerability. One in five workers has lost their jobs after the start of the pandemic. After schools reopened in January 2021 after a 10-month closure related to the pandemic, 53 percent of learners demonstrated learning loss, with girls in lower grades more impacted than boys.

At Macheo, we still strongly believe that all children have a right to grow up in healthy and stimulating environments. We have thus dedicated ourselves to fighting for the rights of children as well as offering a haven when needed. We are convinced that we can help the children in our communities achieve fairer lives and have access to more opportunities.

We are grateful for the valuable contributions of our donors, sponsors, partners, and the commitment of our staff in improving the well-being of children in the areas where Macheo serves. We also look forward to continuing to work together to bring hope to the families here in Kenya. This report reviews Macheo's work in the period Jan - Dec 2021 and is meant to update you on the lives you transformed including also how your donation was utilized.

CHANGING LIVES ONE TEEN MOM AT A TIME! BOSIBORI'S STORY



After being orphaned as a little girl, Bosibori *(not her real name) went on to live with her grand-mother who really struggled to meet her needs. Even with the challenges she faced, Bosisbori studied hard and was able to join high school. Unfortunately, it became clear that her grandmother could no longer pay her fees and provide for her since they were going through very harsh financial struggles.

Bosibori dropped out of school in form 2.

To help her family, she decided to go get a job as a housemaid in the slum area. When we met Bosisbori, she was 7 months pregnant and was married to her husband who was a casual laborer. We taught her how to care for her baby once he/she was born and also discussed ways she would be able to start a business that would allow her to provide for her baby. Bosibori expressed her love for hairdressing and we supported her to get into school and start her 3-month hairdressing

course. She was really focused and decided to start her schooling at 7 months pregnant and continued to learn until the day of her delivery. Her husband abandoned her to marry another a few days after having her baby and this left Bosibori feeling stressed, alone, and without support. By this time, she was still unemployed and caring for her newborn baby. We helped her to buy the medicine she and her baby needed and encouraged her to start her hairdressing business with the education she had received. Fortunately, Bosibori found clients she would visit with her baby and make their hair.

Today, Bosibori is a mobile hairdresser. Her job has empowered her to care for herself and her child and also provide for their basic needs like paying house rent and buying food.

She is grateful for the support she received and her baby is now 8 months old. This is how your support is changing lives, one teen mom at a time.







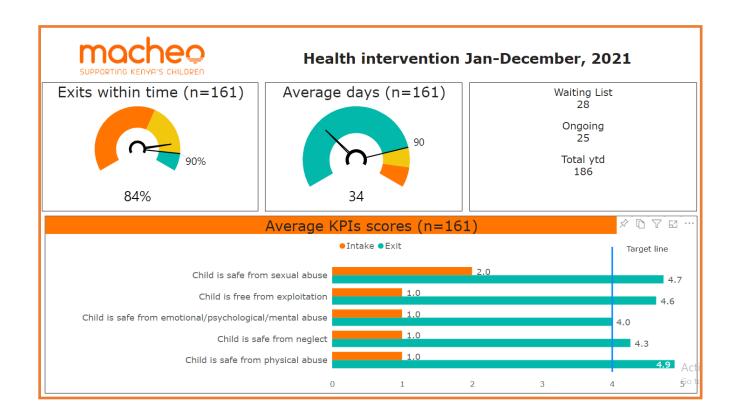
IMPACT

HEALTH

Since Kenya attained independence in the early 1960s, health care has remained a privilege of the few who can afford private hospitals or treatment abroad. For the majority who are left to depend on the public hospitals, their experience has not always been smooth. As a country, Kenya has also had to struggle with persistent diseases such as Malaria, TB, HIV/ AIDS, and measles, other problems such as corruption in the health sector, inadequate allocation of resources, and ineffective policies making it almost impossible to enjoy quality health care.

Frequent strikes by workers in the health sector, expensive prescriptions, the unattained ratio of health practitioners to population, and unequal distribution of health facilities across the country have been the norm.

Your support has assisted **186** vulnerable people to get different medical support from chronic illnesses to simple cases. **161** of them have been exited.



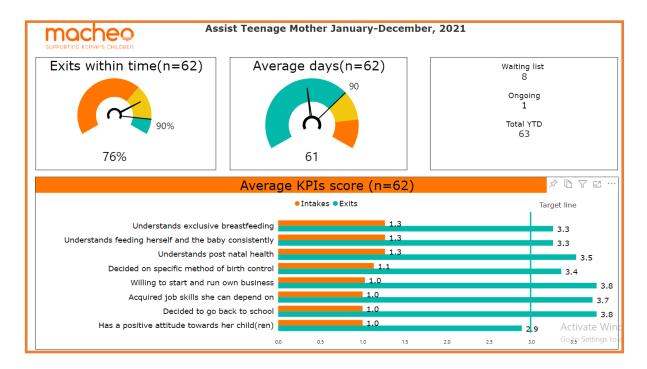
TEEN MOMS

Roughly 13,000 young girls drop out of school each year to have children, the National Council for Population and Development reports. Through the COVID-induced lockdowns, however, unintended teen pregnancies had skyrocketed in 2020 and the beginning of 2021. Most of the girls have not yet gone back to school due to challenges at home such as who will take of the baby if they go back to school and what will the children feed on. The bitter reality is that many of these teen mothers are subjected to stigma, rejection, or violence by partners, parents, and peers.

Macheo through your support has been able to reach **63** teen mothers and taken them through counseling and mediation between them and their parents. Of all of them, **62** have been exited. Macheo also assists them in offsetting medical bills and setting up a business for those who can do. Macheo also works closely with their parents or guardians to ensure the girls go back to school or get technical skills that will be beneficial to them in the future.

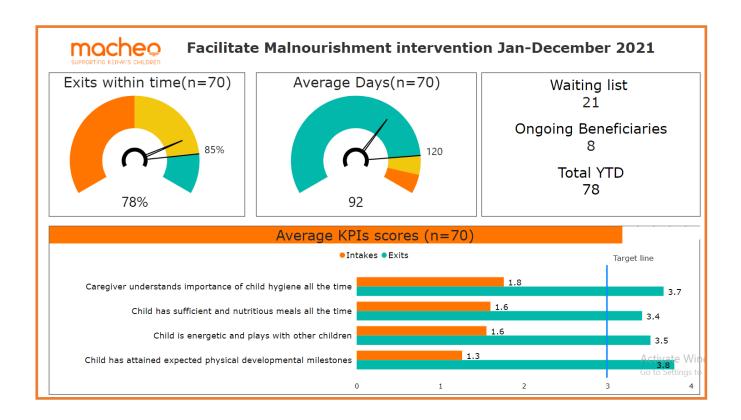






MALNOURISHED CHILDREN

In Kenya, more than a quarter of children under the age of five, or two million children, have stunted growth. Stunting is the most frequent form of under-nutrition among young children. If not addressed, it has devastating long-term effects, including diminished mental and physical development. In addition, 11 percent of children are underweight, with four percent wasted. Wasting and severe wasting are linked to increased and preventable deaths among young children. Your support has helped 78 children where 70 have recovered from Malnutrition.







CHILD PROTECTION

Macheo Children's Organisation has continued to work with the government of Kenya and other non-government organizations to rescue abused children and prevent abuse from taking place. Macheo child focal person worked in Kiandutu area to rescue and protect children who have experienced abuse and neglect.

Due to the Covid 19 impact majority of the parents lost their jobs and were left unable to provide for their children. This situation led to an increase in neglect, child labor, and also to sexual abuse.

35 children experienced different forms of abuse in Kiandutu as follows

- Emotional abuse 26%
- Neglect 22%
- Child labor 18%
- Physical abuse 10%
- Sexual abuse 24%

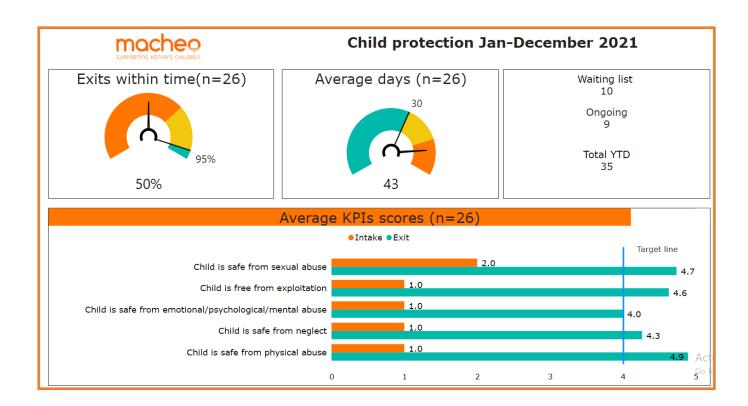
Sensitization in the community on child protection was done as a way of preventing abuse. This was done through parent-school meetings, pupils' school programs, and stakeholders' forums. A total of 476 participants were trained in different areas of children's rights and abuse.

Challenges

Some parents and guardians were unwilling to cooperate especially when the abuse matters required legal action. They coerced and intimidated the children and sometimes had them testify wrongly in court hence the perpetrators being set free. Lack of cooperation with identified witnesses and the delay to act by the police has also been a challenge.

Way forward

Macheo intends to continue with child protection services in 2022. We hope to increase collaboration with all stakeholders to facilitate efficiency in the intervention. We also look forward to increasing staff capacity to enable child safety for the increasing cases in Kiandutu.







PSYCHOSOCIAL SUPPORT (PSS)

Macheo psychosocial intervention seeks to bring about emotional stability and build resilience among the families we meet who have experienced traumatic events. Through the intervention, we also seek to enhance the effects of negative thoughts and behavior on the social environment through activities that encourage positive interaction among thought, behavior, and social life.

Achievement

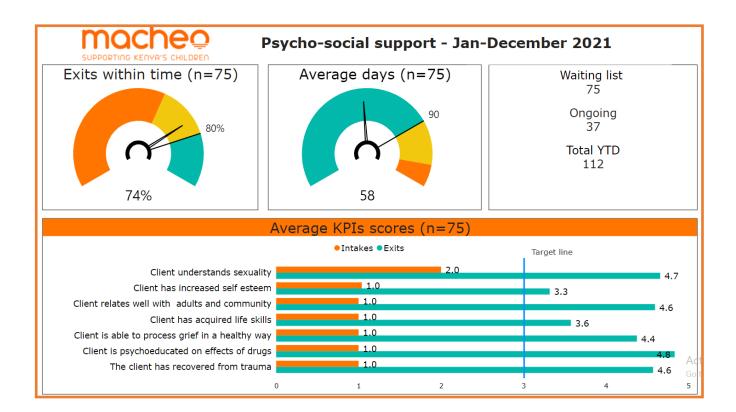
During this period. we assisted **112** clients through individual counseling and **73** in group counseling to process different issues.

Challenges

There was an increased number of clients with depression ranging from mild, moderate, and severe depression. Severe cases were referred to psychiatrists and later received psychosocial support. We assume that this is caused by the hard economic times and other forms of suffering that came with restrictions since Covid-19 started.

Way forward

By the end of the year, more clients were referred for counseling services than the staff would handle. We hope to engage more human resources that will enable us to reach to all clients in need of counseling services in our area of operation.







FINANCES

Stichting KOP Financials Jan-Dec Financial report																			
		appro	Enable health interventions				Facilitate malnourishment interventions				Child protection				Psychosocial support				
	Actu	al	Budget	Actu	ıal	Вι	ıdget	Act	ual	Buc	dget	Actu	ıal	Bud	get	Act	ual	Buc	get
	Kes			Kes			Kes			Kes				Kes					
Donation KOP	4	05.089	607.824		902.999		721.791		493.857		493.857		455.868		455.868		21.527		21.527
Donation other sponsors		89.140	1.491.706	6.:	261.849		6.062.915	2	.001.613	2	2.503.672	1.	497.422	1.	.849.415	4	.039.566	5	.425.814
Total Donation	4	94.229	2.099.530	7.	164.848		6.784.706	2	.495.470	2	2.997.529	1.	953.290	2.	.305.283	4	.061.093	5	.447.341
Expenses	4	94.229	2.095.761	7.	164.848		6.788.969	2	.495.470	2	2.978.976	1.	953.290	2	.290.518	4	.061.093	4	.900.837
Balance/(financing gap)		0	3.769		_		(4.263)		0		18.553		1		14.765		0		546.504
Stichting KOP Financials Jan-Dec Financial report																			
		appro	Enable health interventions			IICI	Facilitate malnourishment interventions			Child protection				Psychosocial support					
	Actual Budget Euro			Actual Budget Euro			Actual Budget Euro			Actual Budget Euro			Actual		Budget				
Donation KOP	€	3.199	€ 4.800	€	7.131			€		€	3.900	€	3.600		3.600	€	170	€	170
Donation other sponsors	€	704	€ 11.780	€	49.450	€	47.879	€	15.807	€	19.772	€	11.825	€	14.605	€	31.901	€	42.848
Total Donation		3.903	16.580		56.581		53.579		19.707		23.672		15.425		18.205		32.071		43.018
Expenses	€	3.903	€ 16.550	€	56.581	€	53.613	€	19.707	€	23.525	€	15.425	€	18.088	€	32.071	€	38.702
Balance/(financing gap)	€	0	€ 30	€	-	€	(34)	€	0	€	147	€	0	€	117	€	0	€	4.316

FINANCIAL EXPLANATION

We received a total of €18.400 through the Jan-Dec period and allocated the funds as follows

- €3.199 Age-appropriate school access (Kick start).
- €7.131 Health Intervention.
- €3.900 Malnourishment Intervention.
- €3.600 Child protection.
- €170 Psychosocial support
- -€400 Household economic strengthening

Individual health interventions-The actual unit cost for 2021 was € 64, which is a bit higher than the budget unit. This is because contrary to the previous years, the clients were not in a position to contribute any money towards their medical costs and required even transport to the health facilities. Also, there were few hospital waivers. The health intervention surpassed the initial overall budget, this is due to numerous beneficiaries referred in the year. The need was quite high due to the effects of the pandemic as many people are still struggling to make ends meet after their sources of income were cut down and could hardly afford to pay for medical expenses.

Malnourishment Intervention- We had an average unit cost of € 89. The majority of the malnourished children cases were referrals requiring medical support that is pediatrician services, medicines, supplements prescribed to them, and other medications to boost their weight gain. We have also provided formula milk to beneficiaries and relief food packages to disadvantaged families.

Household economic strengthening-The average actual unit cost for 2021 was 10,645. We managed to provide seed capital for business start-ups, boosting some small failing businesses and buying some farm animals that are aimed at providing some income. Also, some clients were referred for job mediation for unskilled workers both within and outside Macheo.





OUR APPRECIATIONS

As we are wrapping up 2021, we would like to take this opportunity to convey our heartfelt gratitude for your commitment and overwhelming support throughout 2021 in ensuring that the children in Kenya have a fairer chance to achieve a better future. Your support and donations have truly transformed the lives of many children and their families. We continue to look forward to working together to fight for the rights of the children



