



Our mission

is to empower and protect vulnerable children and their communities so that they can lead a bright future.

Our Vision

is a society where children live happily in a safe, caring and stimulating environment.

Our Purpose

is to release restrained potential in children.

INTRODUCTION

It is a new year 2023, and Macheo is delighted to be able to update you on the status of our work in Kenyan communities. We appreciate your help in giving the children in our community hope for a better future. Our dedication to our work is fueled by our aim to empower and safeguard vulnerable children and their communities so that these children can have a brighter and more equitable future.

Poverty exposes children to great risk in nearly every aspect of their life. Through improved nutrition, health, education, and income generation support, Macheo's holistic approach seeks to lessen the vulnerability felt by both children and their families. We, therefore, create solutions specifically for the families we find, and we are pleased to see that many families have been able to improve their quality of life and sustainably be able to provide for their children as a result of our work. However, this is not without its challenges, for instance, the drought in Kenya is worsening, affecting nearly 4.35 million people, and its impacts can be seen even in the communities we support here in Macheo. According to the Unicef humanitarian needs report, the total number of 6-59 month children who are acutely malnourished and in need of treatment is projected to be 884,464, with 222,720 requiring treatment for severe acute malnutrition. Malnutrition is now mostly caused by acute food insecurity, which is characterized by low milk availability, unfavorable terms of trade (ToT), high food prices, and water stress, which is projected to continue through the end of the year.

Macheo is strengthening our holistic approach strategy in order to have a greater impact on children sooner and on a broader scale than ever before. With roughly 246.48 euros, you can substantially improve the quality of life for a family, ensuring that they are safe, healthy, and have a place to live. It also ensures that their children receive an education and the skills they need for a better future, that their mental health is looked after, and that they have access to food.

This year marks a great time not just for the children and families served by Macheo, but also for the entire Macheo community, including staff. We are delighted to welcome Sarah Mbiria, our new operations Director, who brings a wealth of knowledge and experience to Macheo. Her entry into Macheo creates optimism for further effectiveness through their leadership. We appreciate the valuable contributions of our supporters, sponsors, and partners, as well as the dedication of our team to improving the well-being of children in the communities where Macheo operates. We also look forward to continuing to collaborate in order to bring hope to Kenyan families. This report highlights Macheo's efforts from January to December 2022 and is intended to keep you up to date on the lives you touched as well as how your donation has been used.



HOW YOUR SUPPORT TRANSFORMED GRACE'S LIFE!

Grace (not her real name) is a single mother of 3 children. She has lived in a rural area at her parent's house since they passed.

Macheo identified grace at six months of pregnancy; during that time, she had developed complications and was placed on bed rest which was not easy for her. She struggled to get a single meal in a day and would often depend on her neighbors, who sometimes had nothing to give, and Grace would be forced to sleep on an empty stomach. Grace needed a scan to monitor the unborn baby's health but couldn't afford one. She couldn't afford baby clothes in preparation for her child. Her elder children frequently missed school. This affected her psychosocial well-being worsening her pregnancy complications. After close medical monitoring, she delivered her baby safely. However, the baby was underweight, and they had to stay at the baby unit. By the time of their discharge from the hospital, the bills had accumulated. Grace was hopeless and desperate because she didn't know what to do.

Fortunately, Macheo paid for her scan and paid off the hospital bill. They provided baby clothes to keep him warm and protect him from contracting diseases. Macheo's emergency family support intervention provided Grace with cash transfers to buy food and basic needs like medication during and after pregnancy. She has been going through counseling for stress management which has been beneficial. Grace is grateful for Macheo's support. She is hopeful for a better future for her children.



OUR IMPACT IN KENYA

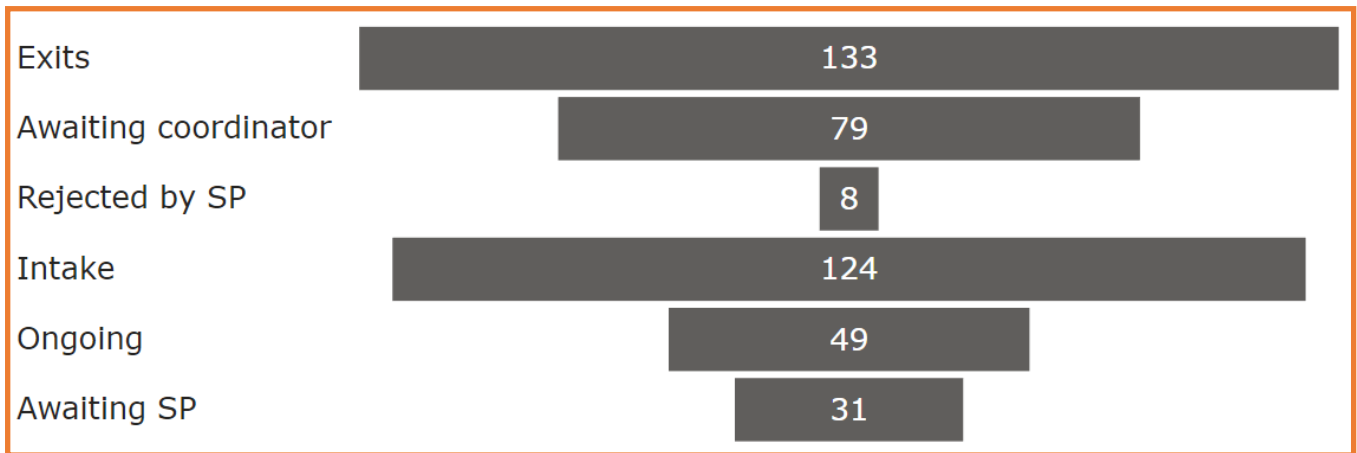
Doing good work better!



IMPACT

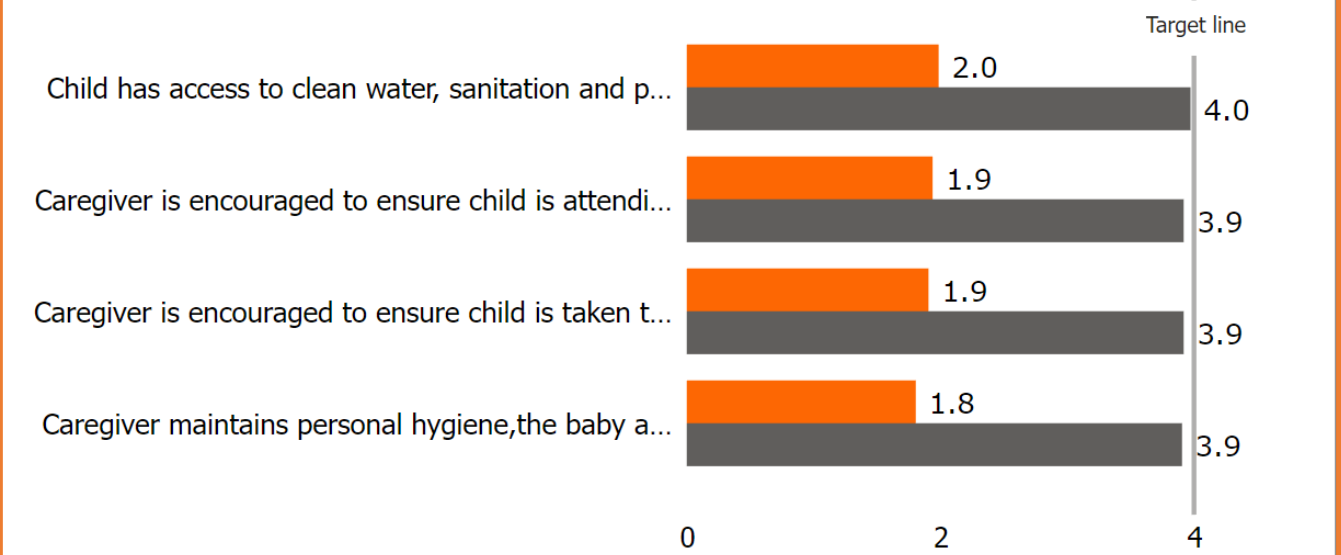
HEALTH

Most Kenyans are currently struggling to have a meal a day, leaving health matters a secondary need. This has created an extensive waiting list for Macheo's health intervention. But it has also pushed the Macheo health intervention staff to work extra hard and go for hospital waivers, and through this, we have received almost two times more hospital waivers than last year. They have also worked closely with the government's National hospital insurance fund to pay the hospital bills for some of our clients. Through this effort by staff, we have helped more clients. In total, we were able to reach **182** Clients through your support where 133 clients were exits.



Average KPI score (n=133)

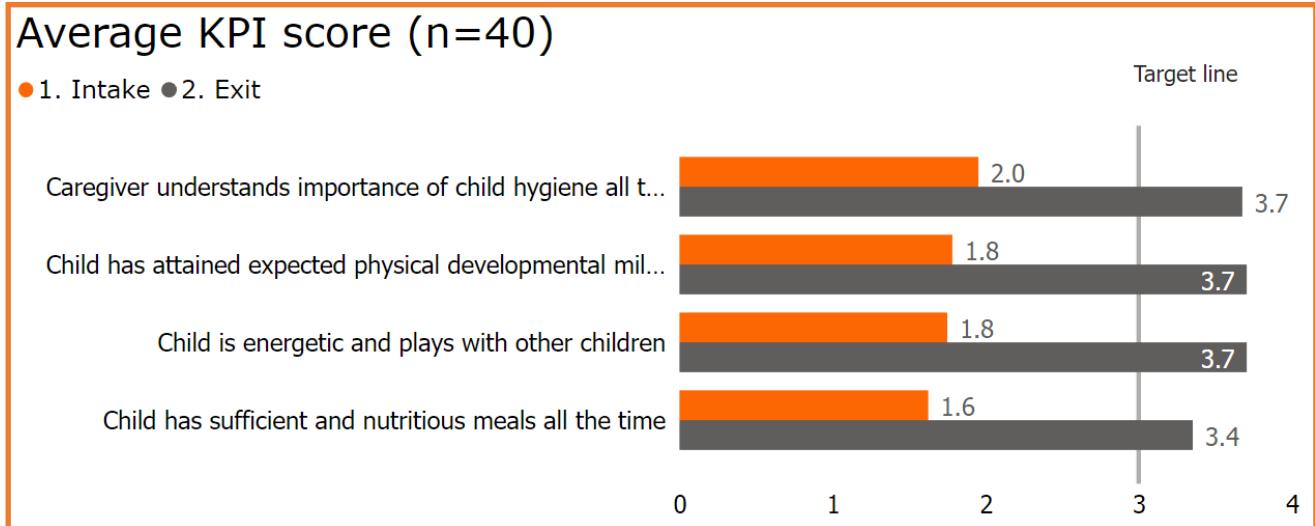
● 1. Intake ● 2. Exit



MALNOURISHED CHILDREN

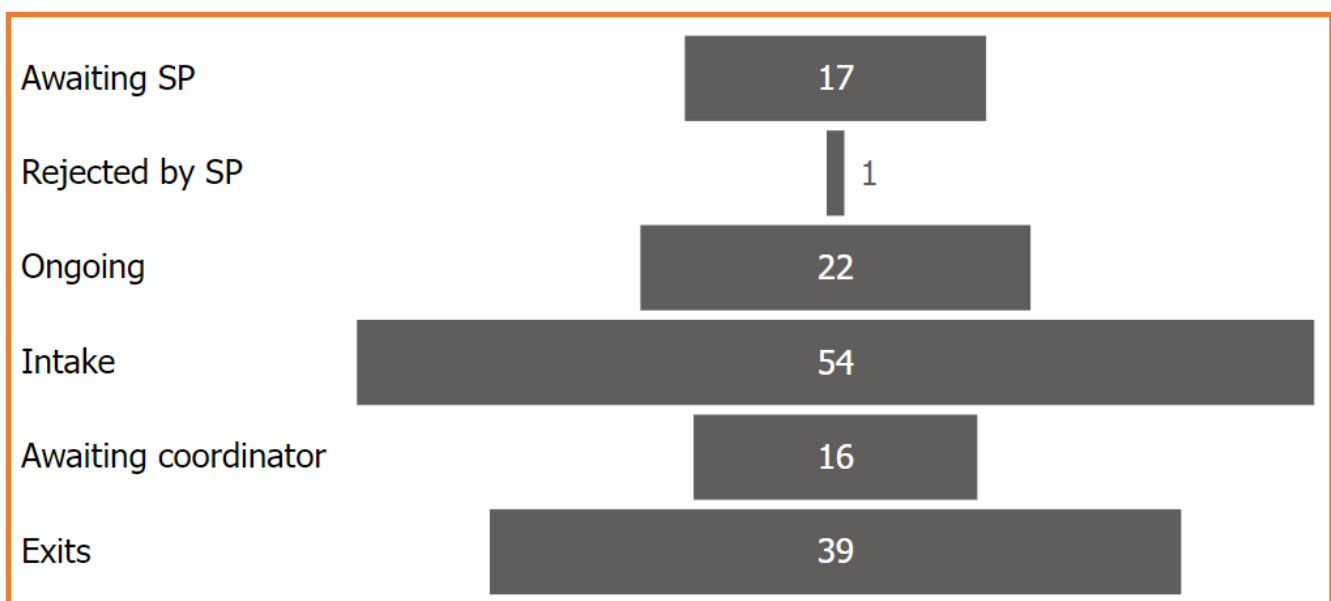
The most recent analysis shows an increase of 10% more people affected with acute food insecurity than last year, and the situation is likely to worsen in the coming months.

From Jan to December, through your and other donors, we were able to reach 76 children and exit 40 children after they had healed from malnutrition. We plan to introduce undernourished pregnant and lactating mothers to the program, but fast will do sampling. Through this, we aim to have this mother give birth to children free from malnutrition and for lactating mothers to have enough milk with proper micronutrients.



TEEN MOMS

Teenage pregnancy is known to create serious health, social and economic consequences. Macheo aims to provide relief and development to these girls. From January to December, through your support, we have managed to reach **61** girls and to exit **39** pregnant teenage girls and those who were already mothers. We have tailor-made the kind of support to offer to each girl. This has helped us to address the specific issue the girl is going through. We are also working closely with the school that some girls attend so they can give a break during lunchtime to go and breastfeed their babies. We also work closely with the schools to ensure the girl is comfortable.



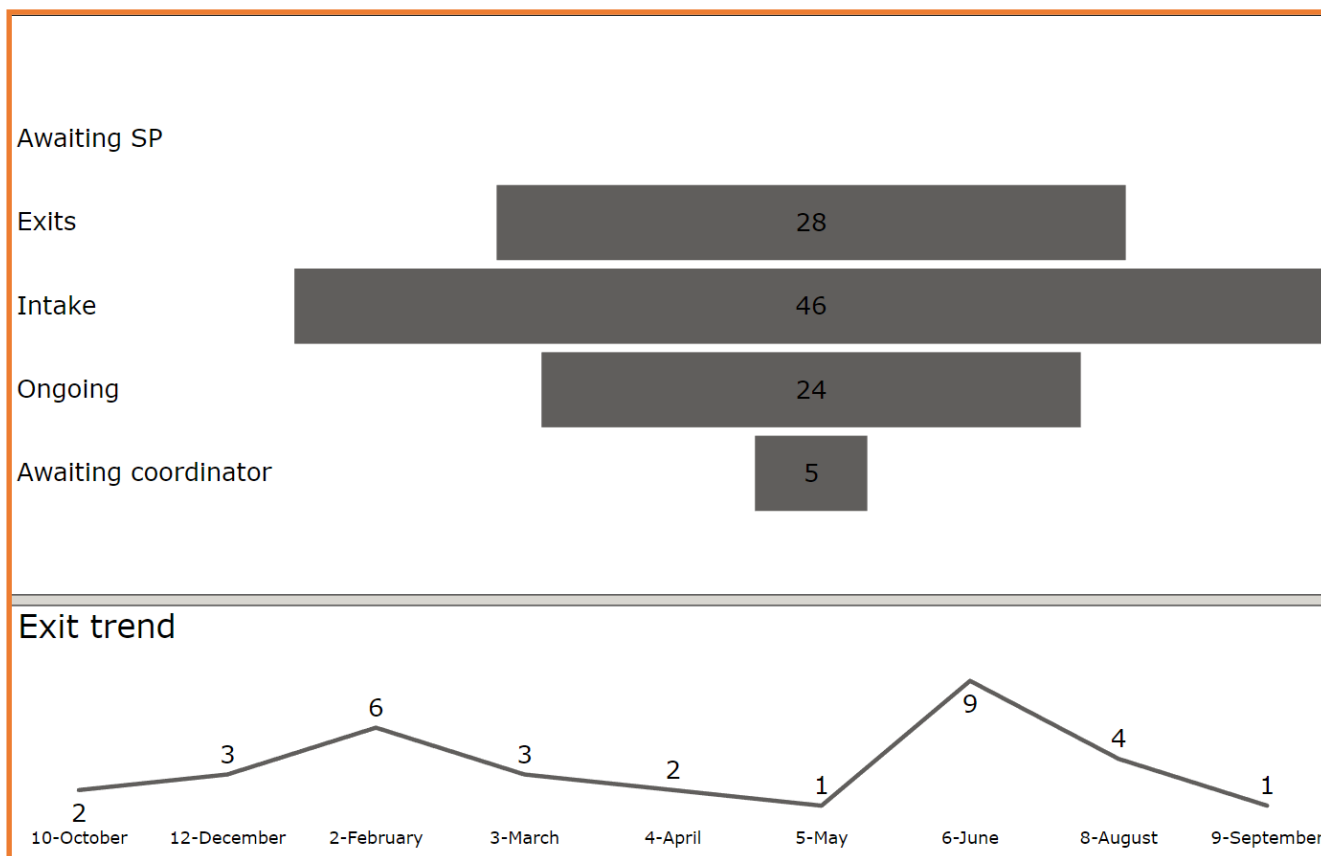
RESCUE AND PREVENTION FROM ABUSE

Macheo Children’s Organization achieved safety for **52** children in need of protection. From January to December, children experienced different forms of abuse as follows; 46% emotional abuse, 30% neglect, 17% physical abuse, and 6% sexual abuse. Following a midterm evaluation conducted on earlier exited children, Macheo is pleased to report that the children were found to be in a safe situation they were left at by the child protection service providers

Cordial working relationship with local stakeholders has continued to enhance in one of the Thika sub-county where child protection training was conducted with the stakeholders. Macheo intends to conduct the same in other areas of Macheo's operation with the hope of yielding the same positive results.

The main challenge noted by service providers was the tension in families as a result of financial strain resulting in violence and neglect. This remains a challenge as a stable source of livelihood is not attained quickly for all families. However, Macheo's mental health and family economic empowerment interventions are also working with identified families towards achieving stability. We still discover families who have been covering up child abuse leading to late reporting when children are already very traumatized and some girls pregnant. Funding to capacity build on child protection in our other areas of operation is another challenge.

In the coming period, Macheo aims to achieve further child safety for children in need while preventing further. We also hope to attain better collaboration with local stakeholders in areas where the same has not yet been achieved.

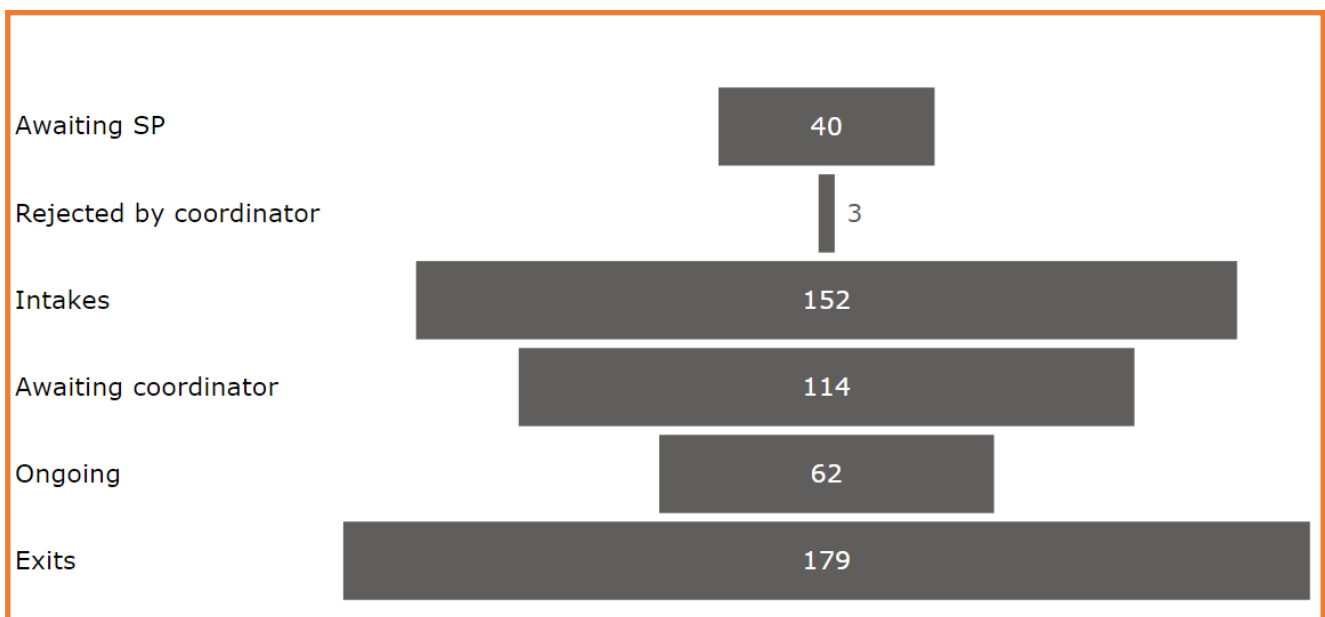


MENTAL HEALTH SUPPORT

A team of counselors in Macheo continued to provide individual counseling and group counseling in our different areas of operation. This added to previously helped clients giving a total of **40** clients. Using a rating scale to set key performance indicators, the majority of identified clients attained set goals.

Implementation of mental health services has been faced with some challenges. The tight school schedules set to cover up for the lost time when Covid-19 was high makes it difficult for counselors to get time to help more identified clients. It also contributes to clients taking longer in the intervention. Despite learning coping skills and building resilience in individual clients, the tough economic times continue to push clients, especially parents into mental strain and illness. The effect of this trickles down to the children who are either neglected or abused by mentally unstable clients. There are still areas of operation where members of the community are less informed about mental health and hence unable to identify signs earlier. Funding to facilitate the engagement of more counselors to reach the overwhelming need for counseling services has been a challenge.

Macheo intends to be able to access children easily in 2023 when the school schedule resumes normally. We are determined to work with the other stakeholders to access other support services to enable the maintenance of mental stability and further create awareness of mental health in the community. In September Macheo counselors joined Thika Level 5 hospital mental health department in an event in which mental health services will be provided while providing awareness on the same.



FINANCES

Stichting KOP					
Interventions	Amount received in foreign currency	Amount received in KES	Unit cost intervention (KES)	Number of clients helped	
Rescue from abuse & neglect	€ 3,600	KES 444,960	11,142	40	
Individual health support	€ 7,380	KES 912,168	8,564	107	
Malnourished children health support	€ 3,900	KES 482,040	14,034	34	
Individual counseling	€ 564	KES 69,710	5,668	12	
Assist teenage mothers	€ 2,556	KES 315,922	14,400	22	

We have received a donation of € 18,000 at an average exchange rate of 123.6, this translated to an amount of Kes. 2,224,800.

The unit cost for Rescue from abuse & neglect is Kes. 11,142. That means we were able to support 40 clients with your donation

The unit cost for Individual health support is Kes. 8,564 That means we were able to support 107 clients with your donation

The unit cost for malnourished children health support is Kes. 14,034. That means we were able to support 34 clients with your donation.

The unit cost for Assist Teenage mothers is Kes. 14,400. That means we were able to support 22 clients with your donation.

The unit cost for Individual counseling is Kes. 5,668. That means we were able to support 12 clients with your donation.