





Stichting KOP report

January – December 2023

Introduction

The year 2023 can be characterized as very eventful, not just in the lives of the people we serve, but also within Macheo. This year has seen us make robust improvements in the way we operate, optimizing efficiency to ensure we deliver effective programs that positively impact the lives of children.

In Kiandutu alone, we saw slightly over 750 families being in taken through various programs. We are extremely pleased with what we have been able to achieve, and of course, super grateful for the support you have accorded us.

As outlined in the previous report in detail, we acquired the property that we look forward to develop in the coming year. We invite you, again, to support the endeavour to enable a successful completion of the project that will provide a base from where we could operate and offer services comfortably.

Note: *We have withdrawn the actual names of people whose stories we have shared with the aim of safeguarding and preserving their privacy.*

In this report we show 3 dashboards of 3 specific interventions. These dashboards show the latest data (up to 12th December) and reflects all clients Macheo helped in that intervention, we could provide a specific selection for Kiandutu if you wish so: we choose to do all areas because this paints a bigger picture, and with more clarity.



Funding Received and Allocation

Stichting Macheo Nederland has received a total of 26,500 euro from stichting KOP. This 26,500 euro is 11 times 1,500 euro and one time 10,000 euro.

The last donation of 1,500 euro for December came to the account of stichting Macheo Nederland on 26th of January 2024 and has been used in 2024., so the financials of this report cover the other payments, a total of €26,500 which was exchanged and became 4,047,048 Kenyan Shilling (average rate of 153 Ksh/euro).

We will also provide stichting KOP with a separate report on the extra donation of 10,000 euro.

Below is the allocation of this 4,047,048 Ksh to different interventions.

The intervention for teenage mothers is well funded, so we choose to allocate the incomes as below, in case the board of stichting KOP prefers to include the work we do for the teenage mothers, then that is possible.

Intervention	Allocated amount in KES	Allocated amount in €
Rescue from abuse & neglect	KES 552,480	€ 3,611
Payment of school fees	KES 289,106	€ 1,890
Provision of uniforms	KES 72,276	€ 472
Provision of desks	KES 72,276	€ 472
Remedial teaching	KES 480,642	€ 3,141
Individual health support	KES 1,102,090	€ 7,224
Malnourished children health support	KES 528,783	€ 3,456
Individual counselling	KES 82,077	€ 536
School feeding: Lunch	KES 433,658	€ 2,834
School feeding: Porridge	KES 433,658	€ 2,834
	KES 4,047,048	€ 26,470



Who did we help with your donation?

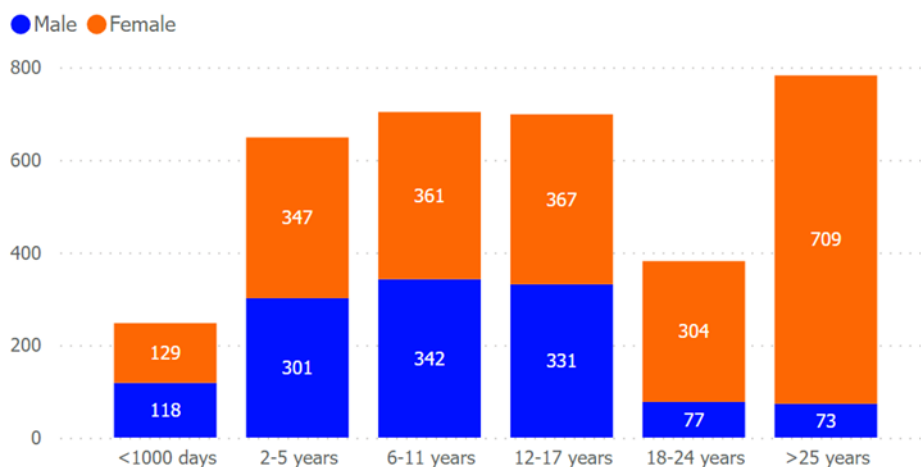
One of the critical choices Macheo has to make is not only how we help, but also who we help.

In 2023 so far these are the number of clients helped through the support of stichting KOP

Intervention	Allocation	Cost/client	# of clients
Rescue from abuse & neglect	552,480	10,875	51
Payment of school fees	289,106	23,532	12
Provision of uniforms	72,276	629	115
Provision of desks	72,276	2,538	28 (85 children)
Remedial teaching	480,642	24,460	20
Individual health support	1,102,090	10,148	109
Malnourished children health support	528,783	22,594	23
Individual counselling	82,077	5,470	15
School feeding: Lunch	433,658	6,840	63
School feeding: Porridge	433,658	720	602

These are the demographics of the people we help in Kiandutu

Age categories



Of the 2,296 children we helped in Kiandutu in 2023, 11% is < 1,000 days and 16% are adolescent girls. These two groups of clients are Macheo's biggest focus.



Developments in Kiandutu

Government involvement in the area

The government has initiated a feeding program in public schools, with plans to construct a mega kitchen in Kiandutu at Garissa Road Primary School. We are optimistic that the initiative will be of great help to the children we serve, and therefore we have begun withdrawing our own feeding programs, but replacing it with conditional cash transfer. Conditional cash transfers would serve the same purpose of excluding lack of meals as the reason for not attending school.

A new government policy has been implemented, where community health promoters, previously known as community health volunteers, are now on the county government payroll; they now serve as level 1 healthcare providers. They can conduct blood sugar and blood pressure tests locally, providing essential healthcare services to the community. While healthcare services are accessible in the area, clients face limitations in accessing complete health services, including medication, scans, and lab tests.

Tough economic times.

The overall economic situation in the country has become increasingly difficult, and the consequences are even more devastating in the area. High taxation, inflation and joblessness have compounded the challenges of the people we serve in this area, making their situation even more vulnerable. As a result of high taxation, companies have resulted to lay people off, and small businesses have found it hard to survive in this economic climate.

Rising cases of mental health illnesses.

The inability of parents – many being single mothers – and caregivers to fully take good care of their families due to lack of income-generating activities, has seen the number of people suffering from mental illness increase. This is evidenced by the influx of clients requesting for mental health support from the area.

Heavy rains and floods.

The El Niño rains caused floods in Kiandutu, affecting residents due to the deplorable nature of their houses – many built from iron sheets and plastic bags. This exposed children to cold weather, rain water and infections as a result of flooding, with some parts of Kiandutu becoming impassable due to stagnant water and mud. Although the youth in Kiandutu are actively involved in environmental clean-up efforts, there are concerns regarding the numerous industries around the area that emit pollutants, which paused a threat when it flooded.

Success in the area.

Despite the many challenges encountered throughout the year, we have realized remarkable success in service delivery. A significant number of our clients underwent empowerment in different programs: economic, children going to school and progressing into the next class or level, access to regular meals and health services.



Remedial Teaching: Bryan's story

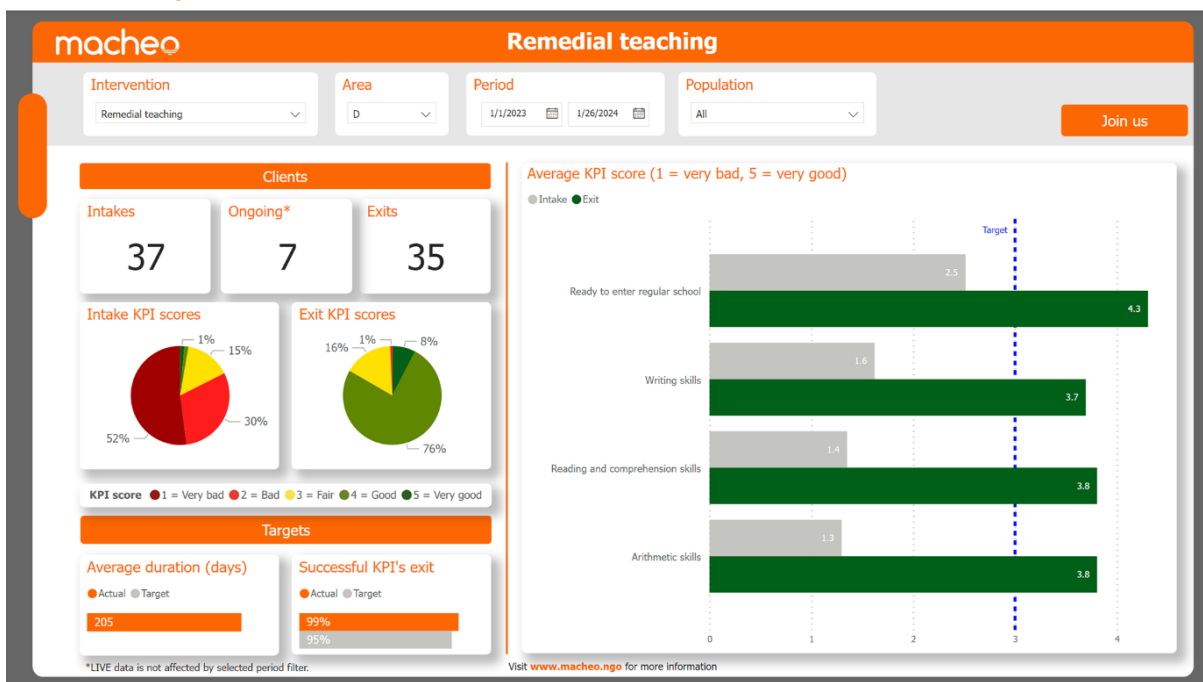
Bryan's life has been marked by challenges, but he has shown remarkable resilience. Raised by his grandmother in the Kiandutu informal settlements after the passing of his mother, Bryan faced financial struggles that affected his education. His mother had worked hard to provide private education, but her death left school fees unpaid, preventing Bryan and his siblings from attending school.

Seeking support, Bryan's grandmother approached Macheo through a social worker. Emergency cash transfers and advocacy efforts helped settle immediate needs. The social worker also secured the waiver of school fees arrears, enabling Bryan and his siblings to transfer to a public school. With Macheo's assistance, they received uniforms, enrollment support, and access to school feeding programs, ensuring their continued education.



Bryan initially lagged behind, so extra classes were arranged, leading to significant academic improvement in just two weeks. Now settled in school, Bryan and his siblings are thriving academically and socially.

The impact at moment of exit





The above graph shows the situation of the children at the time of admission (Intake) and after interventions (Exit).

Using the four KPIs (Key Performance Indicators): 82% of the children's score at intake was below 3, fair. Of the 37 children at intake, 35 were exited with a score of 99% on the KPIs, surpassing the target.

8% of these 35 children had a perfect score of 5, 76% of them with a 'good' score (4), and 16% with a 'fair' score (3). As it stands, 7 children are still in the program, meaning they are currently receiving help.

Malnourished Children Health Support

Angel's story

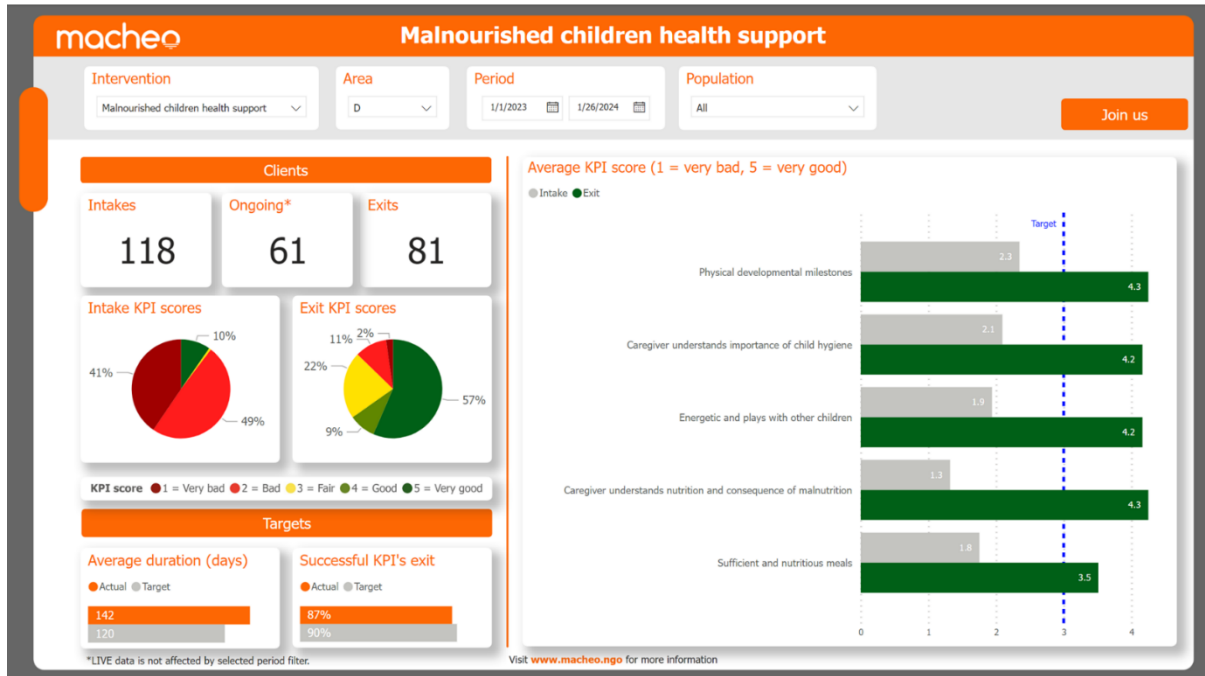
Angel, born with a cleft palate, faced significant challenges in her early months as she struggled to breastfeed. Sarah, her 18 year-old mother, confronted economic hardships and familial conflicts. Doctors had advised feeding Angel breast milk from a cup, but Sarah's nutritional needs were unmet, hindering milk production. Unable to afford formula milk, she resorted to cow's milk that caused health issues for Angel. Malnutrition led Angel to the hospital, where Macheo intervened, providing formula milk and support.

She was enrolled in the program to allow her to gain proper wait for surgery. She underwent a successful corrective surgery, Sarah accepted mental health support that allowed her space to reconcile with her mother. The family is so grateful for the crucial support they received that restored Angel's health and brought harmony back into their home.





The impact at moment of exit



The dashboard shows that the malnourished children's health support program has made a tremendous effort in addressing malnutrition. With a success rate of 87% in all KPIs, we are three percentage points away from attaining our annual target of 90%.

This shortfall and the 13% unsuccessful KPIs are attributed to the challenging economic times we find ourselves in due to rising program costs and, by extension, this situation affecting our clients in the same breadth. Nevertheless, 66% of the children achieving 4 and 5 on the KPIs is an encouraging milestone, showing the effectiveness of the services we provide in the program.

We continue to work closely with other interventions, like family economic empowerment, to address the financial and economic issues to foster sustainability.





Individual Health Support – Down but never out!

Brian, 11, Sharon, 9, and Dylan, 7, embody resilience despite facing life's challenges. Orphaned and separated from their mother, they now live with their grandmother, Agnes, who works tirelessly to provide for them. Facing financial strain, Agnes sought assistance from Macheo, highlighting the need for the children's school enrollment and support for Sharon's catch-up classes.



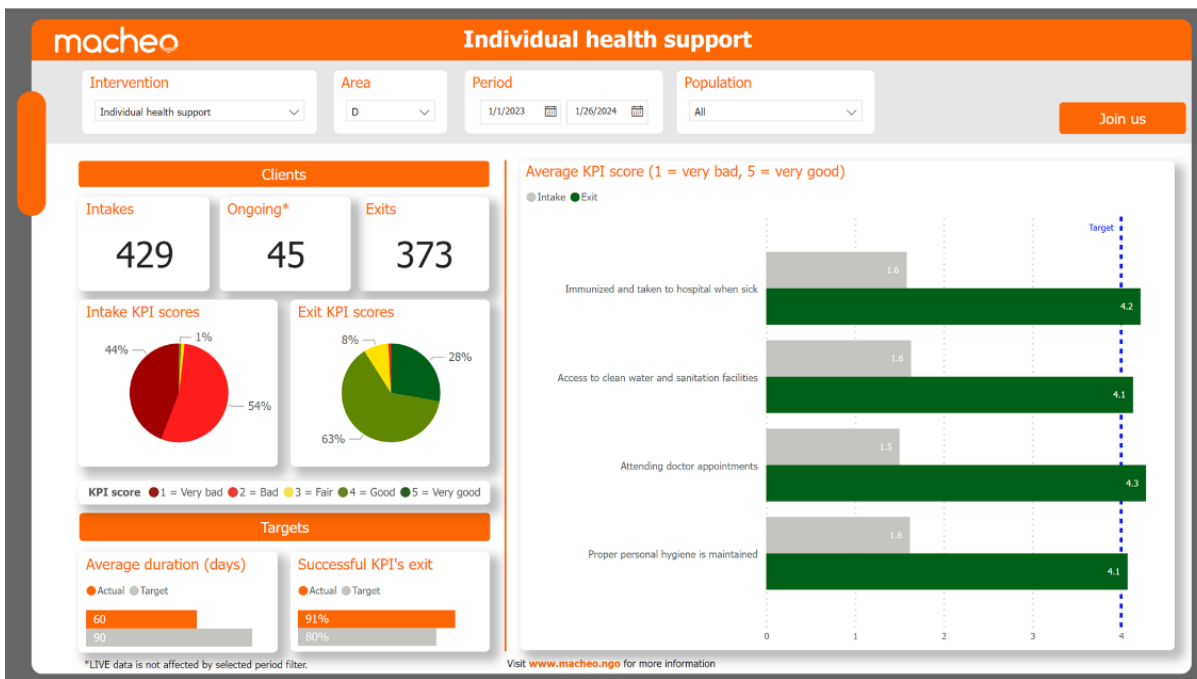
Macheo's intervention ensured the children not only enrolled in school but also benefited from school uniform and feeding program. Agnes' business, a vital source of income, received a boost for future stability. The family, initially lacking adequate clothing, received a generous clothing bundle. These interventions facilitated their settlement and well-being. Dylan, needing a minor throat procedure, received health support.

Agnes expresses deep gratitude for the transformative support, emphasizing the impact on her grandchildren's education, her business growth, and the joy on their faces.

The impact at moment of exit

Our goal in this intervention is to support as many people as possible with your resources. This means we care about the impact that we are creating by closely monitoring our progress in the intervention. We record the situation of our clients during intake and together we evaluate the difference our efforts have made

Below is a graph of the impact we have made so far;



In this period, we have reached 429 clients of which 373 were successfully exited within the targeted three months. 91% of the exited clients' health and well-being status had surpassed our target. Currently, we are working with 45 clients to help them address their health issues.

Mental Health Support

Joyce's story!

Joyce, 15, faced challenges in attending school as she cared for her siblings due to her mother's job search. The family, having moved for employment opportunities, struggled financially, risking the well-being of Joyce and her sisters. Lack of documentation made school enrollment difficult. Emergency relief support provided by Macheo addressed immediate needs, allowing the social worker to assess long-term interventions.



With advocacy, Joyce and her siblings secured school slots, and technology facilitated contact with their former school for necessary documents. They joined the list of vulnerable children in their school, benefiting from feeding program, with provided uniforms ensuring regular attendance. Mental health support helped the family process grief. To ensure future independence, Susan, their



mother, received economic empowerment through starting a business for sustained security and prosperity.

Recent interactions reveal positive changes in Joyce and her siblings, who are now happy and thriving in school. Joyce's passion for classwork is recognized by her teacher. Grateful for Macheo's support, the family looks forward to a bright future, with Joyce aspiring to be a doctor. Ongoing monitoring ensures their progress toward stability and success.

Contact details

We have tried to be as comprehensive as possible, if you nevertheless have any questions about this report, or about Macheo's work in general, please reach out to us.

You can always reach Macheo via e-mail (marnix@macheo.org) or via phone/WhatsApp (+254723580717).

Thank you!

We thank you sincerely for your support to Macheo, which enables us to help more people. It is only because of your support that we are able to continue helping people who need our assistance. Thank you very much!

