





# Stichting KOP report

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Jan – July 2024

## Introduction

We are excited to present the most recent update on the progress Macheo has made with your invaluable contribution. This report aims to offer a clear view of our achievements and ongoing efforts. We have made tremendous progress in service delivery and optimized the available resources.

Health professionals throughout the country had a three-month strike that saw many healthcare services in public health facilities paralyzed. This situation caused a great deal of suffering and agony to people seeking services, and Kiandutu was greatly affected. In this period, Macheo, through your contribution, provided vital support, bridging the healthcare gap and uplifting community health standards.

## Developments in Kiandutu

Kenya recently experienced anti-government protests that affected Kiandutu, causing damage to businesses and property, and sadly, some loss of life. During these demonstrations, many businesses had to close due to the destruction.

The county government is working on improving the marketplace by building new stalls, which will attract more businesses, therefore boosting the local economy. This will help locals become more financially stable and better support their families. Additionally, a new feeding program for Early Childhood Development (ECD) learners has been introduced in local schools.

Our social workers, through ongoing collaboration with stakeholders, have managed to secure school placements for some children who previously couldn't attend due to financial difficulties. Community Health promoters and village elders have been referring clients to Macheo, and we have also assisted clients in obtaining legal documents by referring them to government service centres.

Healthcare services, which were disrupted due to a strike, are now fully operational again, allowing clients to access necessary medical care. However, urbanization has limited job opportunities for casual labourers, and high taxes have driven up the prices of basic goods, worsening the economic situation. High unemployment among youth in Kiandutu has led to increased crime and drug abuse, as well as domestic violence.



Many families have struggled, relying on casual jobs in construction and farming, which were disrupted by recent heavy rains. Macheo’s flood relief support has helped 84 families rebuild homes, pay rent, and buy food.

The lack of a feeding program in schools has caused 3 children to drop out and 9 others to have poor attendance, exposing them to potential abuse. These children have been referred to Macheo’s child protection programs.

Despite these challenges, many clients in Kiandutu have been empowered and can now afford basic needs. For example, 50 clients have learned skills like detergent-making through our family economic empowerment seminars, with 5 of them earning income from these new skills. However, some businesses still fail due to factors such as increased dependents, lack of financial management skills, and alcohol and substance abuse by some caregivers.

## Funding Received and Allocation

Stichting Macheo Nederland received a total of 13,215 euros from stichting KOP. This amount was exchanged in Kenya at a rate of Kes 140 per euro. This means that your donation of 13,215 euros became Kes 1,857,833.

Below is the allocation of this Kes 1,857,833 to different interventions.

Intervention	Allocated amount in KES	Allocated amount in €
Rescue from abuse & neglect	KES 275,002	€ 1,964
Payment of school fees	KES 145,055	€ 1,036
Provision of uniforms	KES 36,264	€ 259
Provision of desks	KES 36,264	€ 259
Remedial teaching	KES 257,153	€ 1,837
Individual health support	KES 552,960	€ 3,950
Malnourished children health support	KES 265,311	€ 1,895
School feeding: Conditional Cash Transfer (CCT)	KES 104,337	€745
School feeding: Lunch	KES 121,726	€ 870
School feeding: Porridge	KES 63,721	€ 455
	<b>Kes 1,857,833</b>	<b>€ 13,215</b>



## Who did we help with your donation?

One of the critical choices Macheo has to make is not only how we help, but also who we help. So far in 2024, these are the number of clients we have helped through the support of stichting KOP.

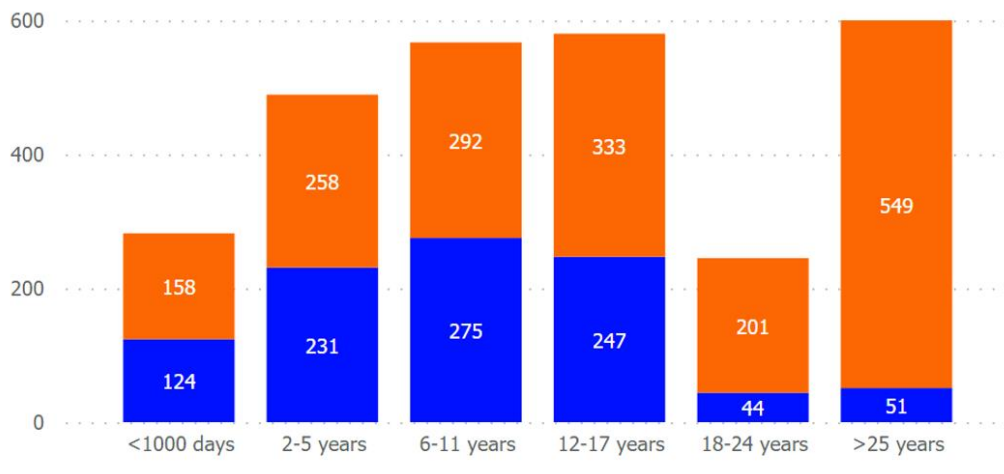
Intervention	Allocated	Actual unit cost	# of clients
Rescue from abuse & neglect	275,002	8,282	33
Payment of school fees	145,055	5,275	27
Provision of uniforms	36,264	592	61
Provision of desks	36,264	3,154	11 (33 Children)
Remedial teaching	257,153	5,288	49
Individual health support	552,960	9,958	56
Malnourished children health	265,311	20,947	13
School feeding: CCT	104,337	2,579	40
School feeding: Lunch	121,726	40	3043
School feeding: Porridge	63,721	6	10,620

In the school feeding intervention, 3,043 meals were served to 27 children over 113 school days. While 10,620 cups of porridge were provided to 94 children during the same period.

These are the demographics of the people we help in Kiandutu.

### Age categories

● Male ● Female







## Amina and Ibrahim's story.

Amina<sup>1</sup> and Ibrahim<sup>1</sup> are siblings that belong to a family of five other siblings. They live together with both their parents and their other siblings, two of whom are twins of eleven months old.

Their parents are very hardworking people despite the challenges they faced a while ago.

Before their mother Anya<sup>1</sup> gave birth to the twins, she used to help their father run their business. They supply snacks to shops around far, and life was manageable for the family. However, when Anya could no longer work and remained at home to nurse her babies, things took a turn. A sole provider for a family this big became a challenge. Moreover, the addition of the twins made it increasingly difficult—expenses increased to facilitate their growth and development.



Food and other basic needs in the household were rarely met. Anya could barely express enough milk to feed her twins when it was critical. It was through a health care provider that Anya's situation became to Macheo, and upon visiting the home, a clearer picture of the entire situation of the household was revealed.

To provide for food and the most immediate needs of the family, other needs took a back seat. As a result, the school going children in the family had torn uniforms and lacked other school materials. Amina and Ibrahim particularly had challenges with going to school in their uniforms, they resented going to school altogether because of the state of their uniforms.

The social worker provided Amina and Ibrahim with new uniforms, and this returned a smile on their faces. Additionally, through nutritional support and formula milk, the twins attained the recommended weight, effectively moving them out of risk. Anya's husband got a boost in his business to enable him to provide for his family independently.

Amina and Ibrahim are now enjoying their school days, raising their confidence and hopes of getting a quality education.

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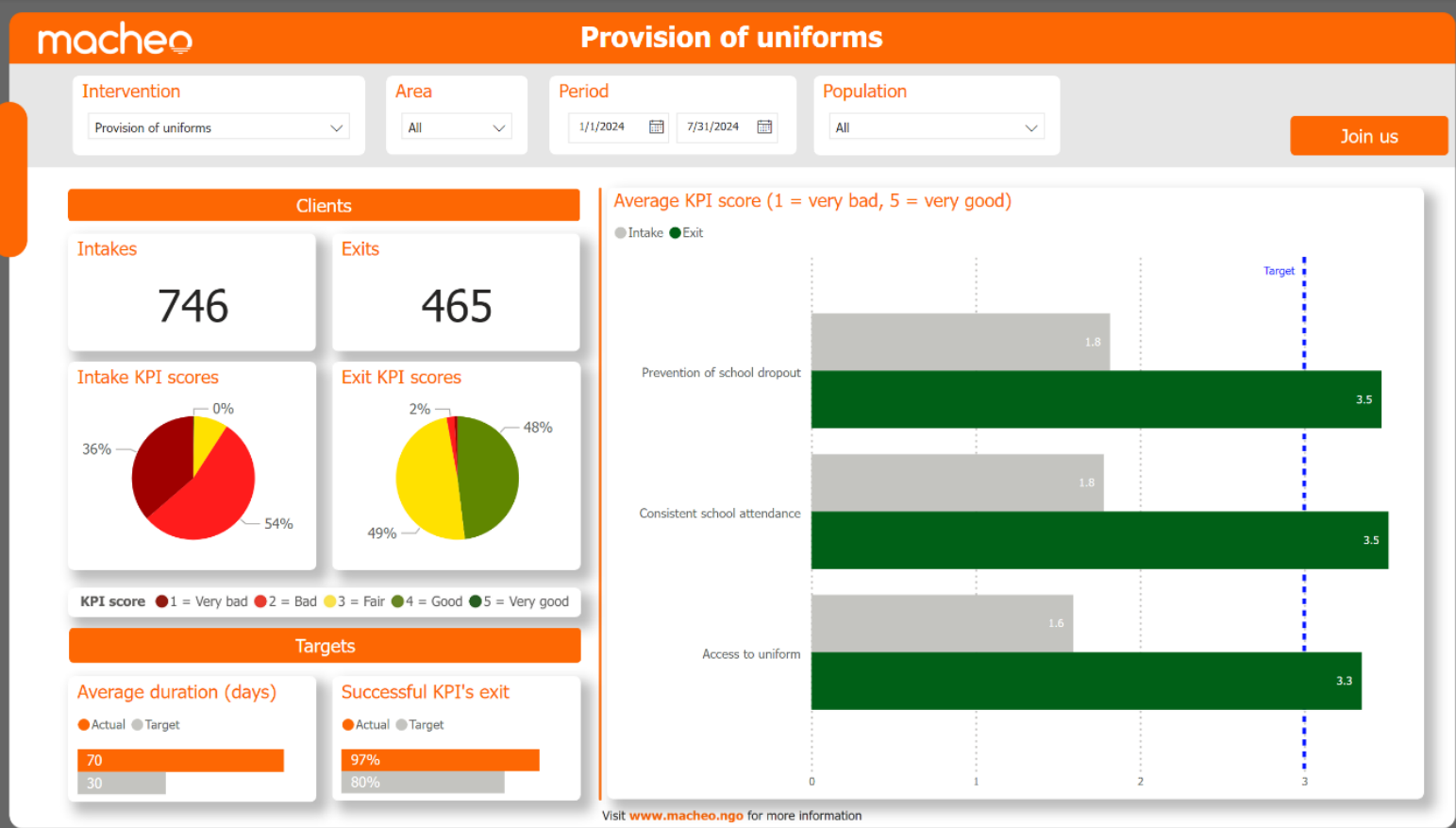
<sup>1</sup> These are not their actual names. This is done to protect the clients' identities.



# The impact at moment of exit

We managed to provide 747 children with uniforms. 465 of these children have been exited from the intervention with a success rate of 97% against the projected target of 87%.

With the introduction of a new education curriculum in Kenya, schools required learners to be in new uniforms; the cost of these uniforms was extremely high and a majority of our clients could not afford them. Our support helped these children to be well retained in school, as measured by the KPIS shown in the graph below.



To allow us to monitor school attendance once we issued the uniform to the child, the actual time it takes is longer than the earlier projected average duration. This is also explains why the exits are fewer that the intakes despite there being no ongoing cases.







## Tina's story.

Tina<sup>2</sup> finds herself in the informal settlements of Kiandutu weighed down by challenges she finds unfamiliar. This time the challenge is not the usual lack of food or charcoal with which she made food for her family. Overwhelmed with exhaustion, she notices a painless but heavy flow of blood from her privates. Tina is twenty-eight years old and seven months pregnant with her fourth child.

Knowing her husband's financial situation very well, she seeks help from a community health volunteer. This resourceful volunteer helps her to get to Macheo's offices where they meet a social worker. A few words are exchanged—Tina's situation needed no telling but sight, which was enough for the social worker to initiate emergency health support.

Tina gets medical attention that stops her bleeding and her back pain. To compliment her husband's efforts in supporting their family, she did casual jobs while still pregnant. These jobs involved heavy digging, slashing, and spending hours bent, washing clothes for people.

Tina and her husband moved here from western Kenya in pursuit of peace of mind and a settled life. While in western, her husband and children were put through tests and tribulations by her mother-in-law. There had been a prolonged conflict between mother and son—a one-sided conflict, at least that is what the husband says. For the longest time, he tried to reach out to his mother for reconciliation but it seemed the harder he tried, the more resentful she grew. When this resentment took a life of its own and was directed toward his wife and children, <sup>1</sup>Bernard sought a way out, leaving his inheritance behind.

He tried the legal way but his mother threatened to annihilate his entire family if she was jailed and got out. Instead of constant battles, Bernard followed the advice of a friend who called him to his current location for work. But he was disappointed to find no work once he got here. All that followed were challenges and struggles for survival. The family used flattened boxes as bedding. Food was hardest to come by just like the casual jobs that Bernard did to provide for his family. Although greatly disadvantaged, Tina and Bernard's love for their children and each other is noticeable. They work so hard, even in danger of putting their health at risk, to ensure their family is taken care of.

Tina gave birth to a healthy young boy, a journey that she walked with Macheo's support. Tina and her family received bedding; blankets, mattresses, and a bed. They can sleep comfortably and her children go to school. We are currently looking into ways we can support Bernard and Tina find sources of income to better care for their family independently. The family has been through immense physical and mental challenges but has shown great resilience with the support that we are privileged to have accorded them. Tina and Bernard are optimistic about the end of their struggles, and a kinder future.



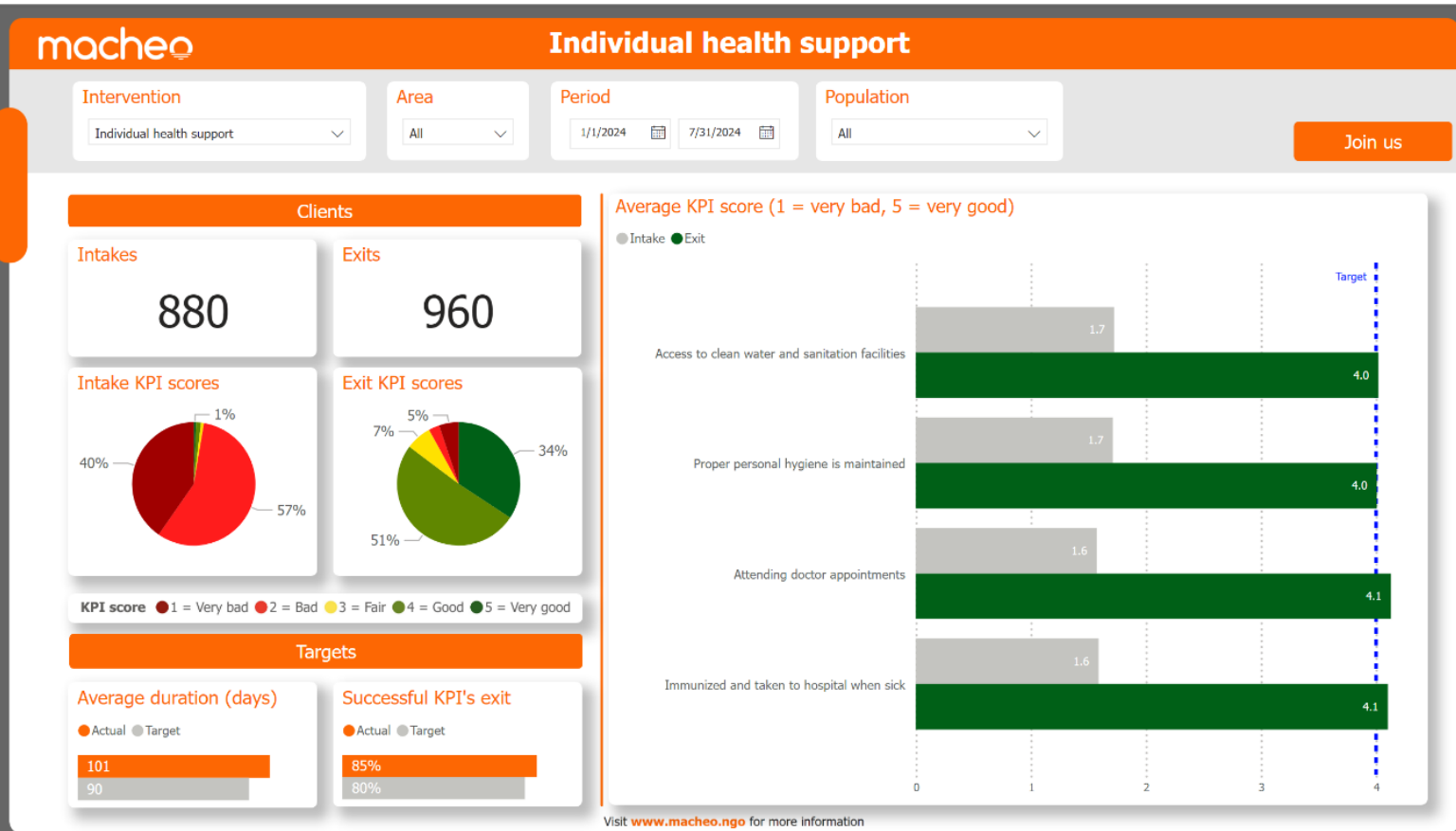
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<sup>2</sup> This is not her actual name. This is done to protect the client's identity.



# The impact at moment of exit

From January to the present, we have had 880 intakes and managed to exit 960 clients. This indicates that we successfully exited 60 clients who had been with us since 2023. Currently, we have 131 ongoing clients.



## Intake KPIs Scores

On intake, 97% of the clients scored low on the KPIs.

## Exit KPIs Score

On exit, the clients' scores on the KPIs improved where 92% were between fair and very good. While we had stipulated to spend 90 days with the clients, we found ourselves spending more days at 101 days. One of the challenges we faced in the quarter to warrant more days was the country-wide doctor's strike in public hospitals. This made it hard for us to work as many of our clients couldn't access health care.



## Update on the new plot in Kiandutu

We are delighted to announce that construction in this plot has begun. If all goes well with the plan of action, the project should be completed by mid-December, making it possible for us to give you a full report.

If there are any questions before, please feel free to ask. The team working on this consists of Seth Mwangi, Hassan Ibrahim, Faith Kanyi and Sarah Mbira.

## Contact details

We have tried to be as comprehensive as possible, if you nevertheless have any questions about this report, or about Macheo's work in general, please reach out to us.

You can always reach Macheo via e-mail ([marnix@macheo.org](mailto:marnix@macheo.org)) or via phone/WhatsApp (+254723580717).

## Thank you!

We thank you sincerely for your support to Macheo, which enables us to help more people. It is only because of your support that we are able to continue helping people who need our assistance.

Thank you very much!

