





Stichting KOP report

January – December 2024

Introduction

We are excited to present the developments that Macheo has made with your invaluable contribution. This report aims to offer a clear view of our achievements throughout the year 2024. We have made tremendous progress in service delivery through optimizing the available resources.

Developments in Kiandutu

Healthcare seekers in Kiandutu faced significant challenges due to prolonged doctor strikes and the requirement to pay for basic services, including antenatal care and family planning. This has resulted in five participants giving birth at home and two tragic deaths due to a lack of timely medical interventions. Transitioning to the new health insurance policy in Kenya has further restricted access to universal health coverage as most hospitals have yet to adopt the new system. Despite these challenges, clients were referred for health insurance registration, and some progress has been made.

The high cost of living, driven by inflation, increased taxes, and job losses, has strained families. Many are skipping meals to cope, and small businesses supported by Macheo face challenges due to limited purchasing power. Rural-to-urban migration and advancements in technology, such as modern construction machinery, have reduced job opportunities. Psychological stress within families has led to separations, and youth unemployment has increased crime and drug use. A MAT (Medically Assisted Therapy) clinic in Thika is assisting six of our youth clients in recovery from drug and substance abuse.

Efforts to empower the community have led to increased awareness of rights and reporting of issues such as child abuse and gender-based violence. Partnerships with local organizations, such as Education for All, have subsidized school feeding programs, retaining more children in school. Additionally, five children with special needs have been placed in appropriate learning units through government education resource centers.

Fire outbreaks affected 15 families, destroying vital documents and traumatizing residents. Overcrowding hindered rescue efforts, though no lives were lost. Support networks, including Smart and Poa Company, provided relief such as mattresses for flood-affected families.

Despite empowerment efforts, many client businesses struggle due to insufficient capital, competition, and large family sizes. To address this, Macheo has strengthened networks with



organizations like Untold for Health and Economic Interventions and Bethsaida Children Development Centre for children with disabilities. Through networking by our area social workers, Individual donors also assist families in need.

Macheo collaborates with the Department of Children Services to address issues like parental neglect caused by alcohol abuse. Interventions include summoning parents, providing parenting education, and rescuing affected children.

Funding Received and Allocation

Stichting Macheo Nederland received a total of 20,715 euros from stichting KOP. This amount was exchanged in Kenya at a rate of Kes 140 per euro. This means that your donation of 20,715 euros became Kes 2,898,832.

Below is the allocation of this Kes 2,898,832 to different interventions.

Intervention	Allocated amount in KES	Allocated amount in €
Rescue from abuse & neglect	Kes 429,094	€ 3065
Payment of school fees	Kes 226,334	€ 1,617
Provision of uniforms	Kes 56,584	€ 404
Provision of desks	Kes 56,584	€ 404
Remedial teaching	Kes 401,243	€ 2866
Individual health support	Kes 862,801	€ 6163
Malnourished children health support	Kes 413,972	€ 2957
School feeding: Conditional Cash Transfer (CCT)	Kes 162,800	€ 1163
School feeding: Lunch	Kes 189,933	€ 1357
School feeding: Porridge	Kes 99,489	€ 711
	Kes 2,898,832	€ 20,715



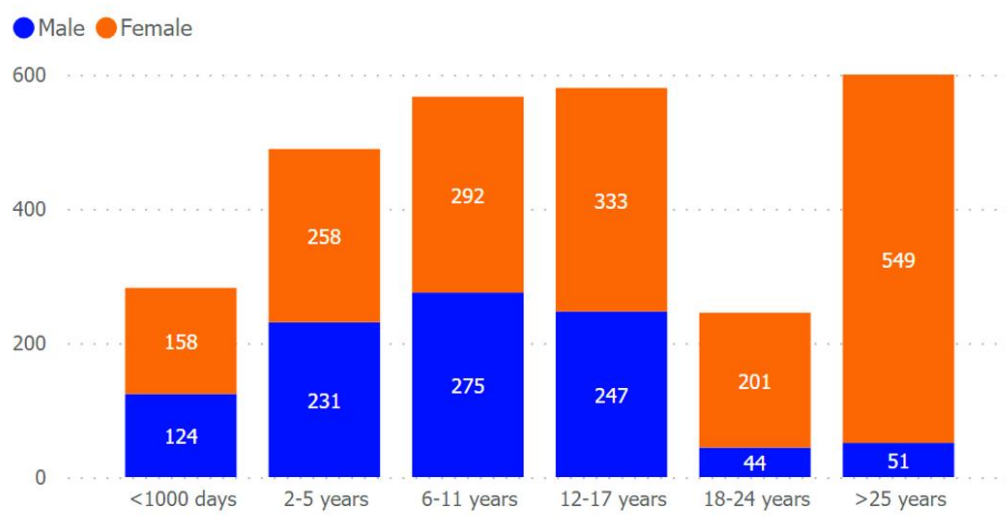
Who did we help with your donation?

One of the critical choices Macheo has to make is not only how we help, but also who we help. So far in 2024, these are the number of clients we have helped through the support of stichting KOP.

Intervention	Allocated	Actual unit cost	# of clients
Rescue from abuse & neglect	429,094	10,817	40
Payment of school fees	226,334	7,991	28
Provision of uniforms	56,584	708	80
Provision of desks	56,584	3,648	16 (48 Children)
Remedial teaching	401,243	6,068	66
Individual health support	862,801	8,684	99
Malnourished children health	23,016	20,947	18
School feeding: CCT	162,800	4,261	38
School feeding: Lunch	189,933	44	4317
School feeding: Porridge	99,489	8	12,436

These are the demographics of the people we help in Kiandutu.

Age categories







Lamin's story.

Trent¹ is a 9 year old boy who has a sibling called Mathew¹, 14—the only children of Mark¹ and Liz¹. Despite their heart-warming hard work, Mark and Liz have always found it hard to cater to their children's needs sufficiently. Their source of income is primarily from inconsistent casual jobs.

This family's path and Macheo crossed when one of the social workers visited a school that Mathew and Trent attend. She meets Trent outside of a classroom. It was lunch break. Trent had not had lunch. In fact, he looked like he had not had any food that day. Additionally, he appeared unkempt, had torn clothing and beaten shoes. On questioning him, her fears were confirmed—Trent had had his last meal the day before.



The social worker also met Mathew the same day, from whom much more information was obtained. She visited their home after talking to both parents on a call. She carried out her assessment, which revealed much more than she had anticipated. The family struggled not just with food, but other necessities as well due to low purchasing power.

Recognizing the urgency of the situation, the social worker took immediate action. She arranged for a new school uniform for Trent, allowing him to attend school with dignity. Both Trent and Mathew were enrolled in a school feeding program. This intervention transformed their academic experience; receiving nutritious meals at school improved the boys' mood, attendance, and academic performance.

The social worker also recognized the potential for long-term change and referred Mark to an economic empowerment program at Macheo, which equips families with the tools to overcome financial instability. While the process is ongoing, Mark remains optimistic. He receives cash transfers to cover the costs of the school feeding program.

"I am grateful for the support we've received," Mark shared during a follow-up visit. "It has given my sons a chance to succeed in school, and I know that with time, I'll be able to support them fully. This experience has given us hope."

Although Mark is still working toward financial independence, he feels more hopeful than ever, aware that empowerment is on the horizon and will allow him to provide a better life for his family. We will continue to work with the family, doing all we can to better their current circumstances.

¹ These are not their real names. This is done to protect the participants' identities.





Angelina's story.

Angelina² is a 25-year-old mother of two living in the informal settlements in Thika with her 75-year-old grandmother. Their family is quite large, consisting of Angelina, her two sisters, and three stepbrothers. When Angelina was just five, her mother passed away, leaving her in the care of her grandmother.

The family relies on the small piece of land they own, with the grandmother working extremely hard to plant and harvest crops to support them all.

Life has never been easy for Angelina. At the age of ten, she frequently collapsed in school. She was taken to the hospital, where she was diagnosed with a condition that required frequent medication.

As a result of her health issues, Angelina struggled with cognitive issues that resulted in slow learning, eventually having to leave school at the age of 12 because of academic pressure and for her mental wellness.

Angelina faced further difficulties when she became pregnant at a young age. She refused to disclose information about the father of the child, and her grandmother, already burdened by the responsibility of caring for her grandchildren, became deeply stressed by the situation. When Angelina's pregnancy was at seven months, she and her grandmother sought help from Macheo.

During a hospital visit that Macheo helped facilitate, Angelina was found to be rhesus-negative, and the doctor prescribed a special injection to ensure the health of her pregnancy. But the cost of the injection was beyond what the family could afford. Macheo stepped in, providing necessary medical care support, including the critical injection.

Angelina was supported to deliver her baby at Thika Nursing Home. She was also supported with food, clothing, and a few rounds of emergency cash transfers. "Macheo's intervention has had a great impact on my family. I received crucial health care support during a time when I barely had options," says a joyful Angelina.

The emotional support and resources Angelina received eased the stress on the family, particularly the grandmother, who was overwhelmed by her caregiving responsibilities. These interventions not only helped Angelina through a difficult pregnancy but also ensured the safety and well-being of both mother and child.



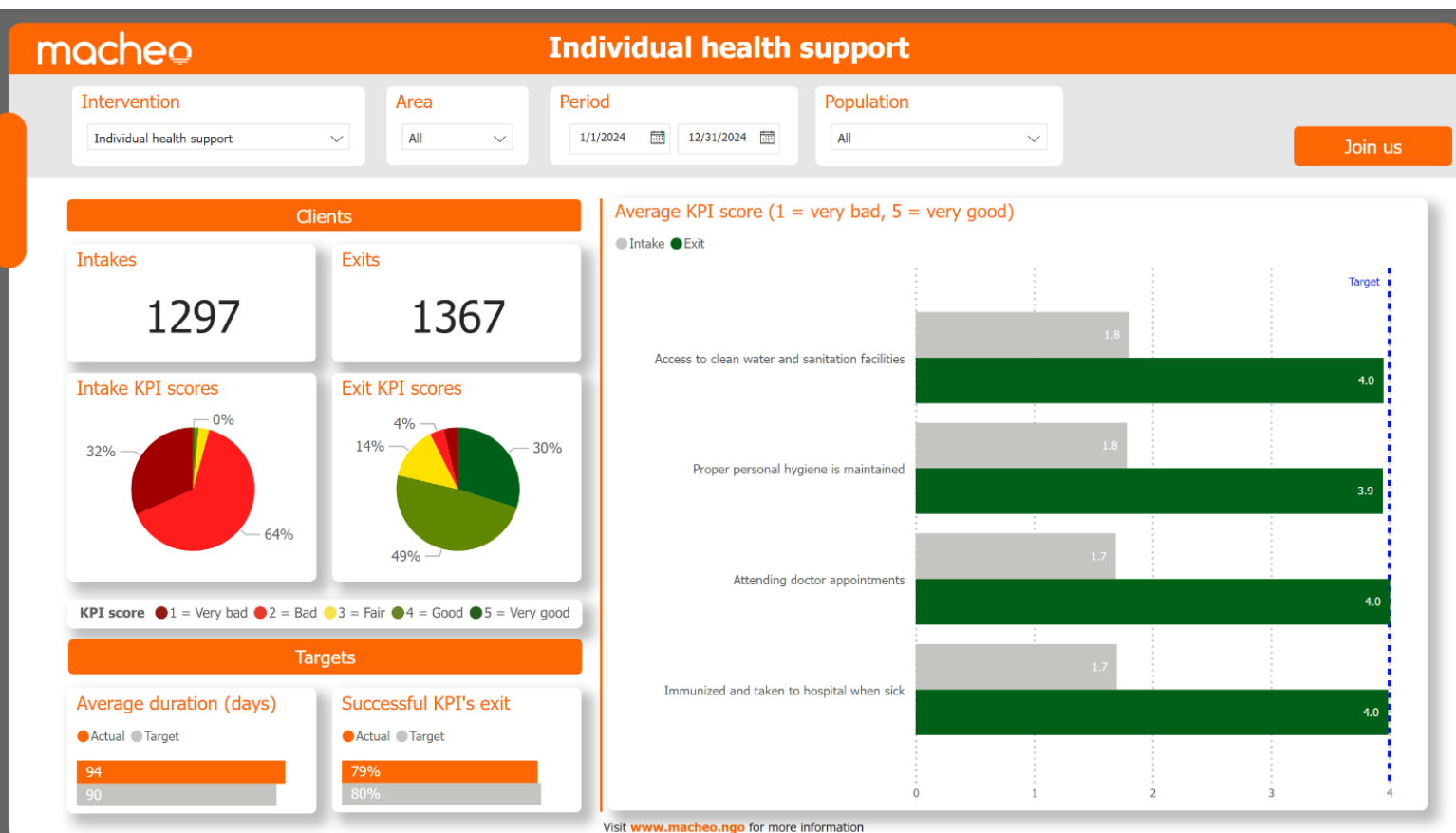
² This is not her actual name. This is done to protect the participant's identity.



The impact at moment of exit

Participants

From January to December, we conducted a total of 1297 intakes and exited 1367 participants.



KPIs score

In terms of KPI scores. On intake, 96% of the participants scored low, but during exit, 92% of them had achieved high scores of 3 and above.

Targets

Regarding our targets, we planned to complete cases in an average of 90 days; however, we ended up averaging 94 days. For our successful KPIs, our target was at 80%, but we achieved 79%.



Update on the new plot in Kiandutu

We are delighted to announce that the new KOP building is slated for official opening on 19th February. It has been an extraordinary journey, one which your support and trust has been crucial to achieve the milestones on this project.

If there are any questions, please feel free to ask. The team working on this consists of Seth Mwangi, Hassan Ibrahim, Faith Kanyi and Sarah Mbira.

Contact details

We have tried to be as comprehensive as possible, if you nevertheless have any questions about this report, or about Macheo's work in general, please reach out to us.

You can always reach Macheo via e-mail (marnix@macheo.org) or via phone/WhatsApp (+254723580717).

Thank you!

We thank you sincerely for your support to Macheo, which enables us to help more people. It is only because of your support that we are able to continue helping people who need our assistance.

Thank you very much!

